

## How to Ask for A Sports Scholarship

### Episode 76 - Shownotes

How to ask the coach for a sports scholarship....First off, should you be asking for a scholarship from the coach in the first place?

Now it depends when you are asking. Because there is a point in time when you can have a conversation with the coach about increasing scholarship. But again, you want to tread carefully.

“Hey coach, what will my scholarship be? Can I get a scholarship?” Are these the correct things to ask if I am speaking with a coach? No. The way you ask for a scholarship, is by showing the coach you deserve a scholarship. Ask through actions.

You want to make the coach question themselves... “Should I give this athlete a scholarship?” If you prove yourself athletically, if you can show that you deserve one, then you don’t need to ask for a scholarship.

Asking for scholarship is the equivalent of just asking someone for money...Maybe slightly different but not by much. That doesn’t always go down so well or look so good. You want to prove yourself and show a coach that you deserve one. That is how you ask.

Now this is for both freshman and new athletes as well as athletes that are in college trying to increase scholarship. We will talk about that in a later section of the podcast. But after this we will talk about how you can show you deserve a scholarship. Instead of having to ask for one. Asking for one doesn’t look good. You want to make the coach ask themselves the question through your actions.

#### So how can you show a coach that you deserve a scholarship before heading over?

Firstly, put yourself in the coach’s shoes. Recruiting an athlete from the other side of the world and giving them scholarship. That mean:

- You, getting a scholarship, over other athletes that they are recruiting
- You, getting a scholarship, over other athletes that may have already been there for a year, two years or more.

It is a bit of a risk. Spending a large portion of their budget on an unproven international. They don’t know how they will adjust with being away from home, with settling in socially, with juggling school and full-time sport etc. You may pack it in and go home. They can’t stop you. So, what we are saying is that it is just harder to show as a first-year student athlete.

But if you were to show them. And raise the question. How do you do it?

One thing we will start with is beginning the process early, or around the same time US students begin.

American students know they are going to college from the time they can breathe. The process for them starts in year 9. Beginning of high school. As an international, if you start the process at a similar time, it says a lot about you as a student athlete and as a family.

If you are committed and start the process early, they will be a lot more comfortable offering you some form of scholarship when the time comes at the end of high school. So, one way to show them, is by starting early. Show them you want this.

Another way you can and raise the question is by proving you are worthy of a scholarship through your athletic history and results and your video footage. We will say it time and time again. Video footage is the most important component of your profile and of your promotion if you compete in team sports. Your results are the most important if you are in track and field, swimming or golf.

So, you want to show that you are worthy of an athletic scholarship through video footage. Which can tie into the one before. If you start earlier and have a number of years of video footage that helps.

If your footage is amazing, and we are not talking about the footage itself, like using drones in super 4k HD and it has amazing cinematic value, but what you do in the footage.

The more you film the better chance you will have of raising the coach's eyebrows. If you only film one game, then you only have one game worth of highlights. If you film more games, more highlights and more likely you will get yourself doing something amazing.

Your results. If you can prove that you are consistently or have consistently improved your results, dropped your handicap, beat your PB's. That shows commitment to your sport. And if you are improving under the coaching and workload you have now, you will only get better when you are put under the college workload. Far exceeds anything you do in your home country as an amateur.

Lastly We will speak about how you can ask the coach for a scholarship or a scholarship increase after already competing in the US for a year or two or 3. And look, there are two angles to this. Similar to what we just spoke about and another which is literally just asking. Which you still want to be careful with.

So similar to before. You don't need to ask for a scholarship, or scholarship increase, if you prove yourself and make the coach believe you deserve one through your actions.

If you dominate, in your first year or second year or whatever it may be, as a college athlete. Then you are giving yourself every chance to have your scholarship increased or to receive one.

Receiving awards, making all conference and all-American teams etc. If you have a number of accomplishments. Then of course. It can increase or you may receive one. Why wouldn't you? But if you aren't receiving these awards. And others are. If you aren't getting much game time then why would you get a scholarship over others?

It has nothing to do with politics in college. It has everything to do with attitude, performance and results. Nothing else.

So, you don't want to ask the coach straight up "will I get a bigger scholarship this year" "How much am I going to get" if you haven't been competing, having been receiving awards.

Even if you haven't been doing well in class, they will not give you an athletic scholarship. Why would they?

You risk failing classes and you aren't eligible to compete. That's a waste of a budget. You don't ask for a scholarship. You prove you are worthy for a scholarship and that you deserve one through your performance and your actions. You don't have to be the greatest player on the team either. I know we touched on awards etc. But even just being a coachable kid, who is committed to the team, does the right thing by the team, does really well in classes.

Even that can be enough to receive an athletic scholarship. Small or large.